



BETH WARREN

NUTRITION

Mock Sangria

How to Make Mock Sangria

INGREDIENTS

- 2 cups POM pomegranate juice
- 1 cup orange juice
- Squeeze of 1/2 fresh lemon
- 1/2 lemon, sliced
- 2 nectarines, chopped finely
- 2 plums, chopped finely
- 2 tsp sugar, optional (or any sweetener)

INSTRUCTIONS

Combine all ingredients. Serve over a large ice cube in a fun cup! Enjoy!